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Perspectives from a domain specific data repository: *The National Sleep Research Resource*

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Outline

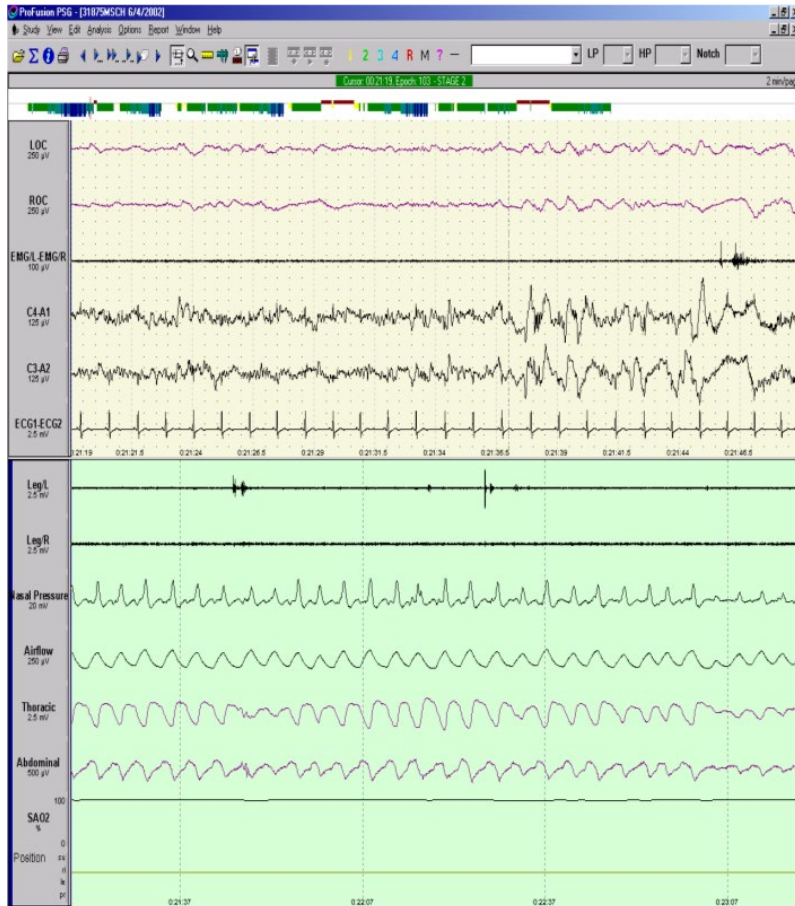
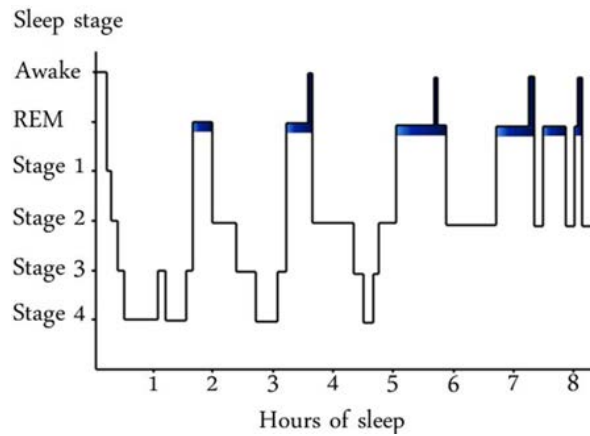
- Data specific domain: potential and challenges
 - Sleep and Circadian Data
- Goals and organization of the National Sleep Research Resource
- The user community
 - Defining their needs
 - Measuring Impact
- Challenges



Reservoir of sleep data

- **2,800** accredited sleep labs in the U.S.
- **845,569 sleep studies** were performed in 2014
 - Increasing per year
- **~400 MB/study– 340 TB/yr**
- **NIH and industry-funded research sleep studies**

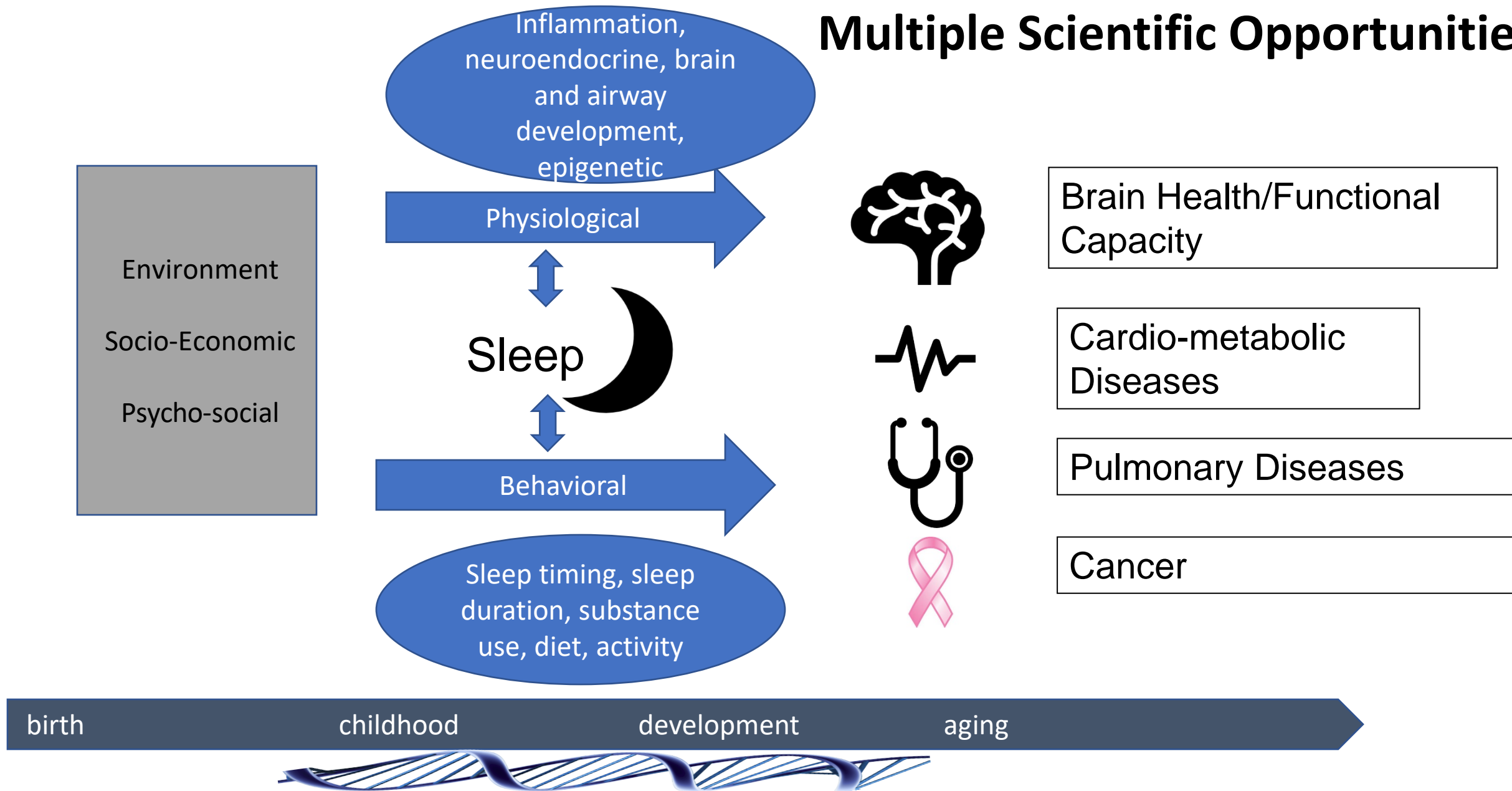




Untapped Data Signatures

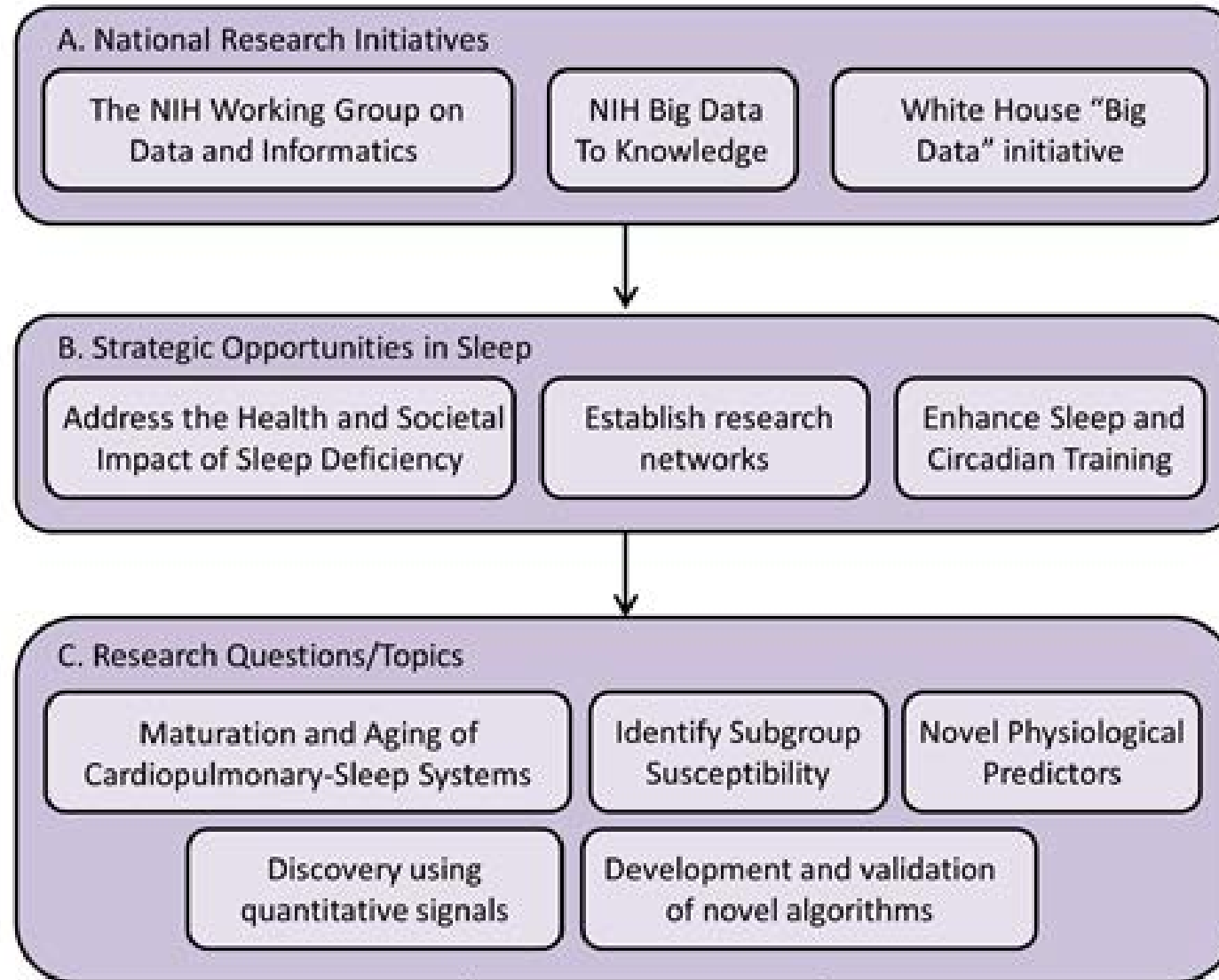
- Hours of physiological signals
- Cross-talk between physiological systems
- Temporal and dynamic features
- Days of physiological/behavioral signals
- Multiple ways to annotate

Multiple Scientific Opportunities



Critical timepoints; Cumulative risk models

Sleep / Circadian Big Data Opportunities



Challenges in sleep data analysis

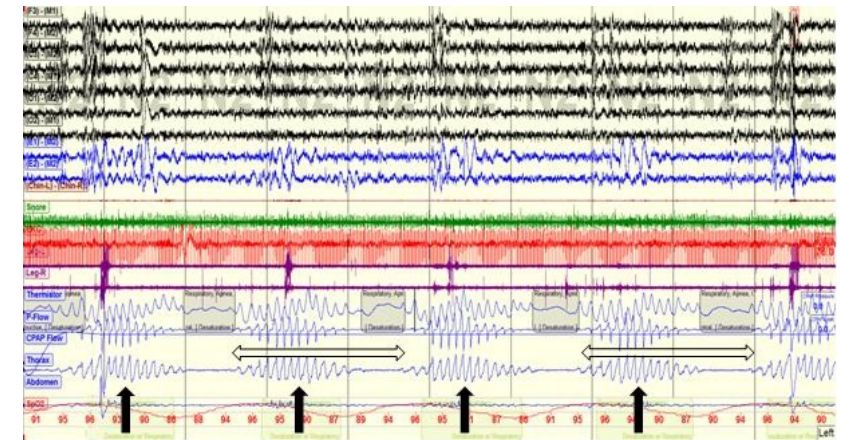
- **Data sets heterogeneous, some poorly annotated and difficult to harmonize**

- Different collection protocols, lack of standardized montages, variable scoring
- Lack of accepted sleep ontologies/variable vocabularies
 - Summary data and raw signals

- **Limited data types**

- Focus on summary data
 - Untapped potential of advanced signal processing/machine learning

- **Few “open” sources of well-defined signals, linked covariates, and analysis tools**

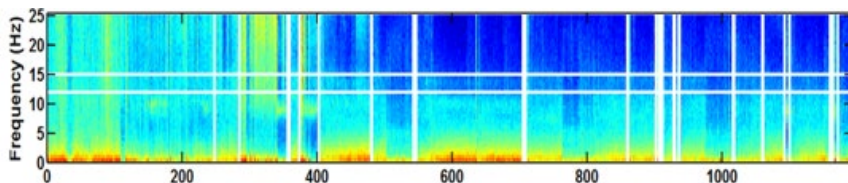


Patient Information

Name:	Mr. Mahaboob	Date of Birth:	1/01/1952
ID:		Age:	59
Address:		Gender:	Male
City:		Height:	N/A
Zip Code:		Weight:	N/A
E-Mail:		BMI:	N/A
Phone:		Cheyne Stokes Breathing:	No

Sleep Summary

Total Recording Time:	351.9 minutes	Apnea + Hypopnea (A+H):	66	62.4 / h
Sleep Period:	327.9 minutes	Obstructive Apnea:	51	48.2 / h
Wake After Sleep Onset:	264.4 minutes	Central Apnea:	0	0.0 / h
Total Sleep Time:	63.5 minutes	Mixed Apnea:	0	0.0 / h
Sleep Onset:	24.0 minutes	Hypopnea (All):	15	14.2 / h
Sleep Efficiency:	18.9 %	Obstructive Hypopnea:	-	-
Number of Awakenings:	27	Central Hypopnea:	-	-
Sleep Latency to N1:	24.0 minutes	Mixed Hypopnea:	-	-
Sleep Latency to N2:	34.5 minutes	Oxygen Desaturation Events (OD):	57	53.9 / h
Sleep Latency to N3 (SWS):	36.0 minutes	Snore Time:	34.4 minutes	54.1 %
Stage R Latency from Sleep Onset:	- minutes	Limb Movement:	60	
		PLMI:	25.5	



Gaps in data access and appropriate tools

- **Many web portals have a..**
 - Limited ability to query and visualize data
 - Limited ability to directly access data
 - Limited ability to access tools for visualizing and processing data
- **Large data analytics**
 - High data storage/egress costs
- **Access/download procedures**
 - Concerns over privacy/security
- **“Sandboxes” needed for**
 - Collaboration, promote documentation (transparency/reproducibility)
- **Barriers to users unfamiliar with dataset or dependencies on others**



National Sleep Research Resource: sleepdata.org (2014-)



Provide users web-based tools to assist with preliminary exploration of data within and across data sets and identify subsets of data most useful using clearly mapped terms



Community resource to deposit and access “raw” or complex primary data (physiological signals), including processed physiological signals



Provide users access to a hub of tools for processing physiological signals as well as a resource to support communications among sleep researchers



Partner with and link to other resources, such as BioLINCC and dbGAP (BioData Catalyst)

National Sleep Research Resource

Free research data and tools.

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ACTIGRAPHY



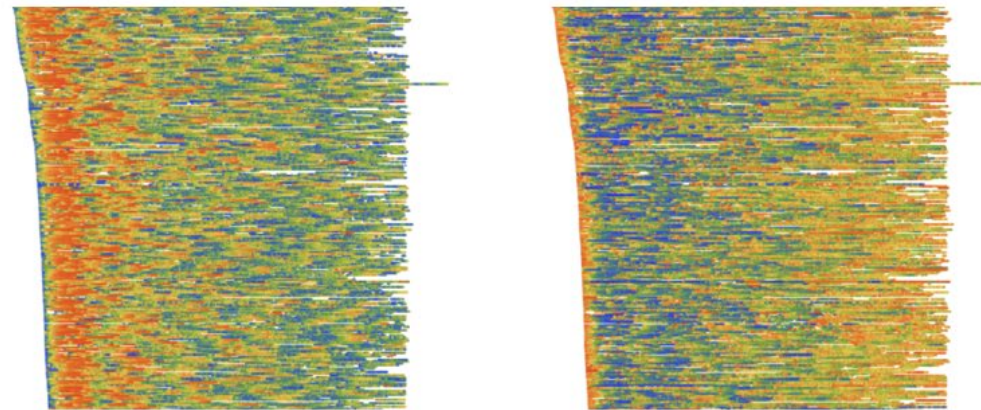
DATASETS



SHARING DATA



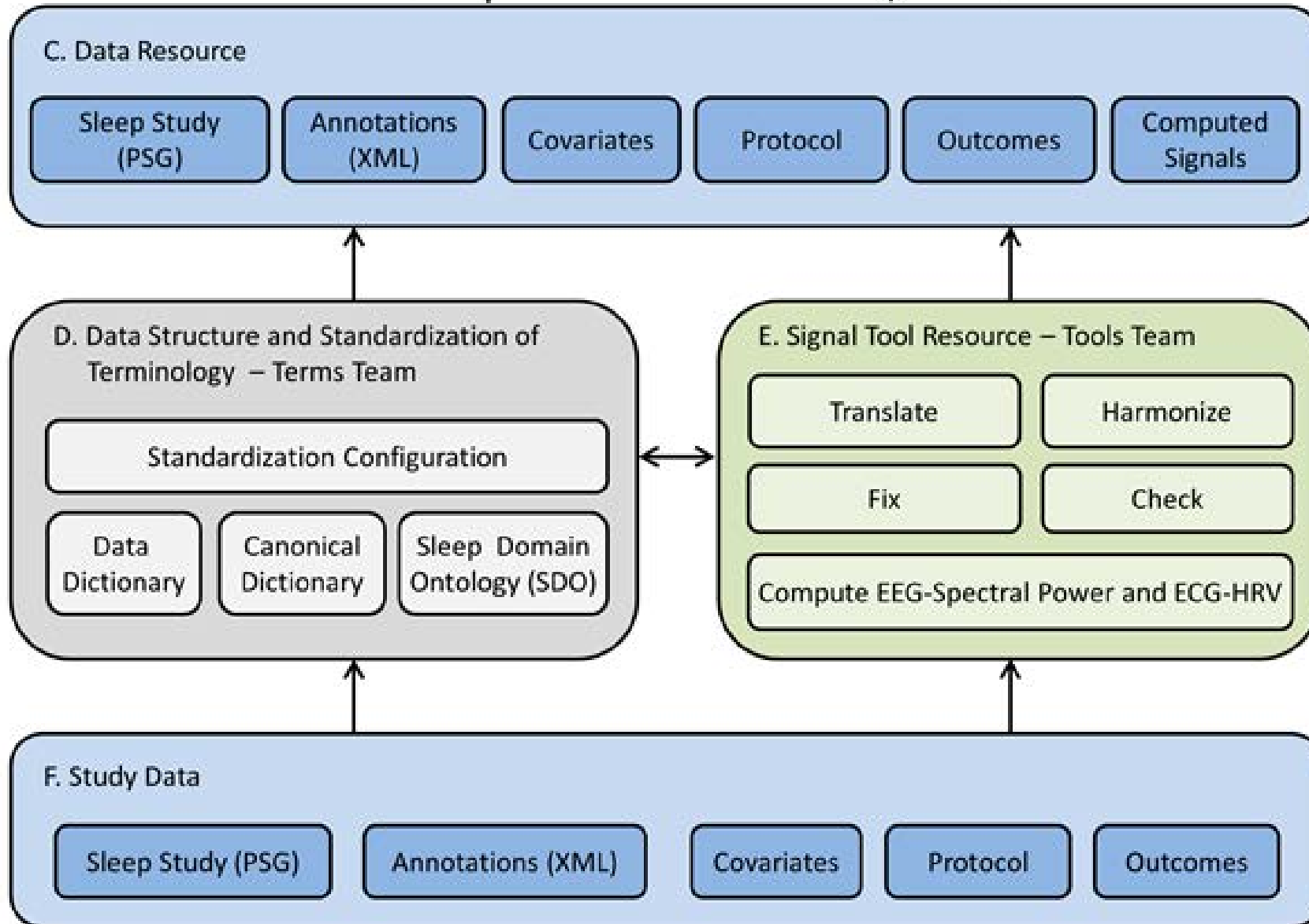
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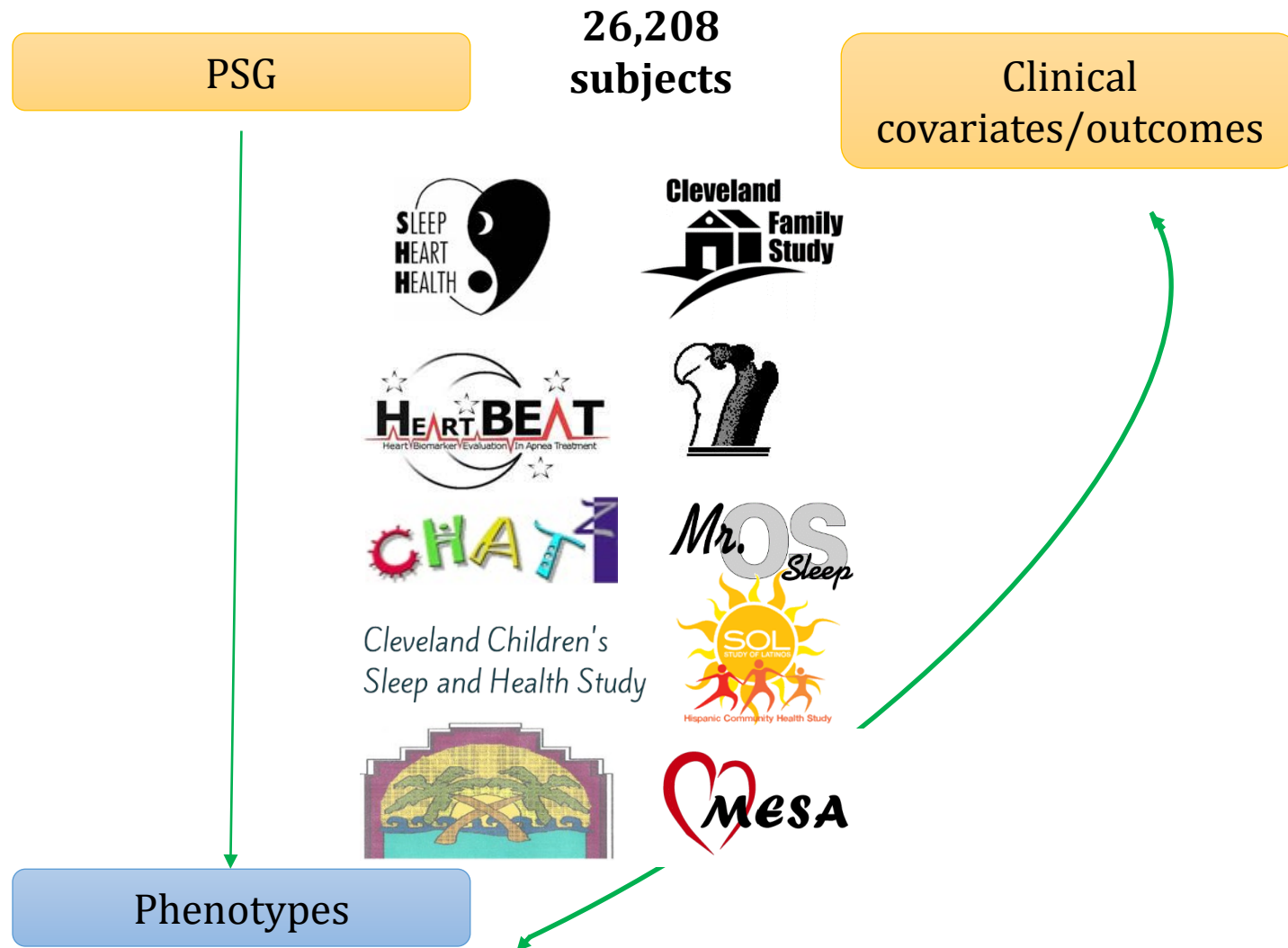
Visualizing NSRR data

To paraphrase the adage, a picture is worth a thousand numbers. In order to investigate some basic properties of NSRR datasets, here we generate a number of whole-dataset visualizations. To make sense of these images, we'll employ a remarkably complex computational pattern recognition and dimension reduction framework, a.k.a. the human visual system. [Keep reading](#) ▶

National Sleep Research Resource: Sleepdata.org



Data Integration



Available Data



31,580 EDFs from 27,151 subjects



19,235 PSGs with EEG or ECG
spectral analysis results



4,064 actigraphy files



5,324 terms annotated
to structured
definitions

4,681 with
provenance
attributes

Quantitative Signal Analysis

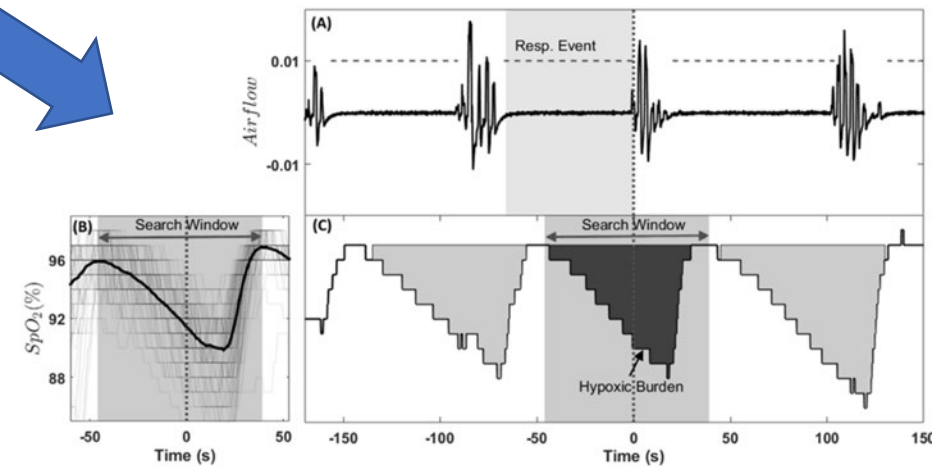
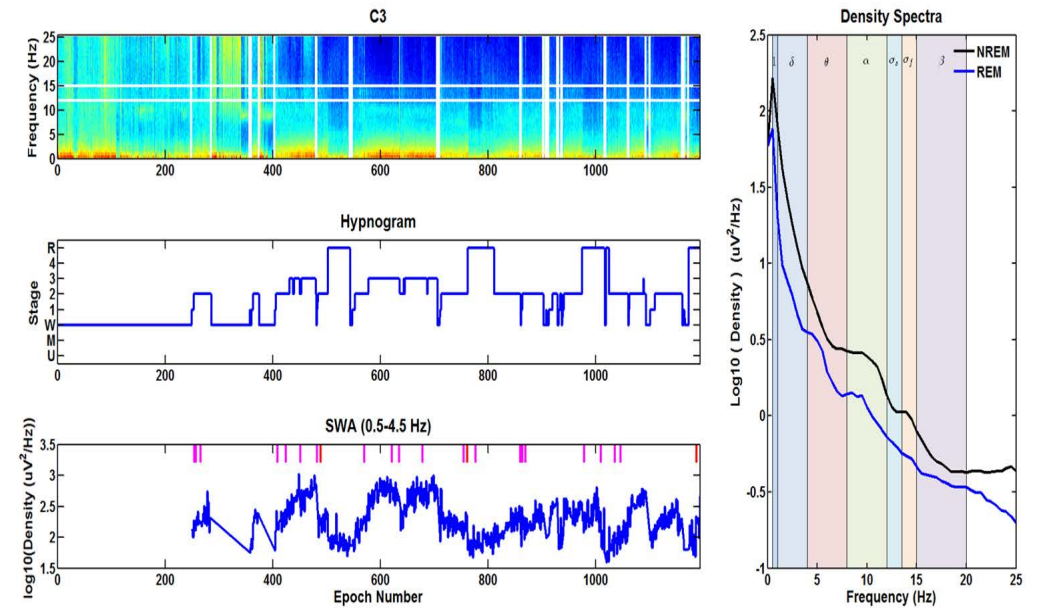
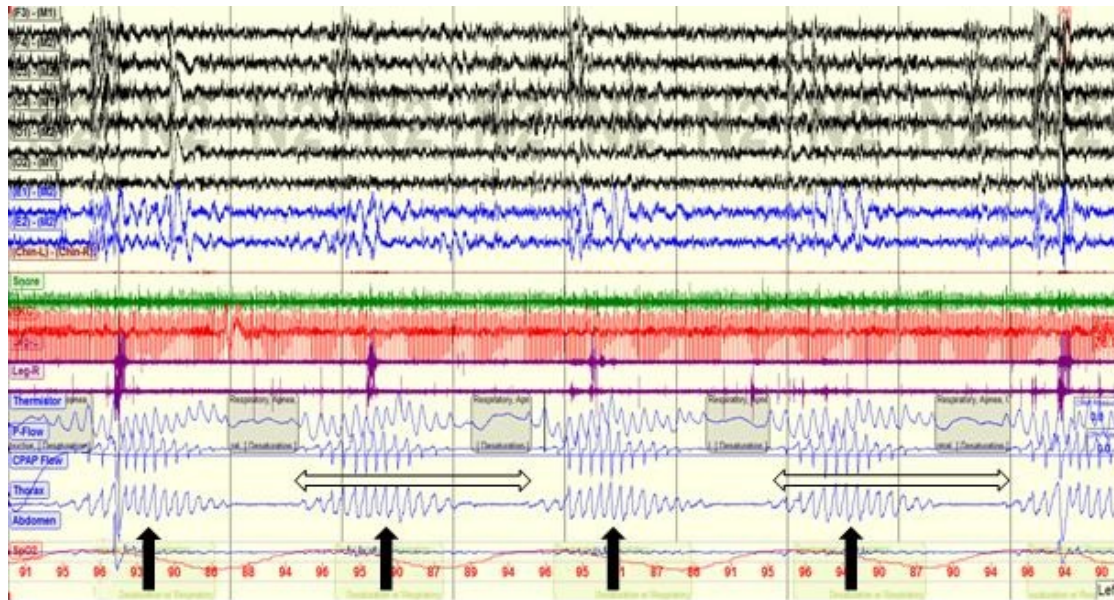


Figure 1: Example of hypoxic burden calculation for an individual respiratory event (Resp. Event). Panel A

Search across 1,000s of variables...

NSRR About Datasets Tools Forum Blog

Search Sign in

Sleep Heart Health Study

Documentation Files **Variables**

shhs > variables > Navigate to... 1 to 100 of 1,991

Name		Folder
★ visitnumber	Health Study (SHHS) Visit Number	Administrative
★ afibincident	Fibrillation (AF) after SHHS Visit 1 is part of the analysis for Tung et al. 2017 (PMID: 28668820) . considered present if AF was identified on a 12-lead ECG second SHHS exam or was adjudicated by the parent cohorts at the baseline PSG and the final follow-up date for AF June 30, 2006.	CVD Outcomes
★ afibprevalence	Fibrillation (AF) at SHHS Visit 1 Variable created as part of the analysis for Tung et al. 2017 (PMID: 28668820) . Prevalent AF was defined by any of the following: a positive response to the question 'Has a doctor ever told you that you have or had atrial fibrillation'; AF identified on resting 12-lead ECG at the baseline SHHS exam; or if the parent study identified AF documented in the medical record before the SHHS baseline exam.	CVD Outcomes
★ angina	Number of Angina Episodes Since Baseline Angina episodes since baseline Polysomnogram (PSG) (as recorded in parent studies datasets)	CVD Outcomes
★ any_chd	Any Coronary Heart Disease (CHD) Since Baseline? Any Coronary Heart Disease (CHD) since baseline Polysomnogram (PSG) (as recorded in parent studies datasets)	CVD Outcomes

Variables logically
grouped by type

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DATASETS



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Tools for the analysis of sleep data

The NSRR is revamping its Tools pages and needs your help! Have you developed a tool for the analysis of sleep data that you'd like others to know about and use? Do you have some tricks and tips for using existing packages that you'd like to share? What about a write-up listing your favorite tools, explaining how you use them and what's good about them? Or perhaps you'd like to share some data analytic problems that aren't met by existing tools? If so, we'd love for you to submit a guess. [Keep reading](#)

By [shaunpurcell](#) on September 13, 2019 in [Tools](#)

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Easy, but not uncontrolled, access to data...

NSRR

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▼

Data Request

Standard (Individual)

v1.1.0.820943d

[switch to organization](#)

DAUA

☐ Page 1

☐ Page 2

☐ Page 3

☐ Signature

Uploads

Proof

Datasets

HCHS

Brigham and Women's Hospital

DATA ACCESS AND USE AGREEMENT

This Data Access and Use Agreement (the "**DAUA**") is made by and between The Brigham and Women's Hospital, Inc., through its Division of Sleep and Circadian Disorders ("**BWH**") and Shaun Purcell (the "**Data User**").

WHEREAS, BWH is receiving support from the National Heart, Lung, and Blood Institute ("**NHLBI**") to establish and operate a web-based collection of existing de-identified sleep study and related covariate data originating from past NHLBI-funded research studies (the "**Data**"), such collection known as the National Sleep Research Resource ("**NSRR**"); and

WHEREAS, the purpose of the NSRR is to facilitate access to and use of the Data by third-party researchers to conduct sleep research in accordance with NHLBI and BWH policies and procedures (the "**Purpose**"); and

WHEREAS, to the extent permitted by its Institutional Review Board and institutional policies, BWH wishes to make the Data, in the form of one or more "**Datasets**", available to Data User, and Data User wishes to receive the Datasets, for this Purpose under the terms and conditions of access set forth herein;

NOW, THEREFORE, in consideration of the mutual promises and covenants set forth below, the parties hereby agree as follows:

1. Data User is an individual, requesting Data/Datasets under this DAUA on behalf of himself/herself as follows:

Institution

◀ Full Name ✓

◀ Institution

Interface for DAUA
and IRB approval
required for data access

Share Your Data on the NSRR

The National Sleep Research Resource (NSRR) is an NHLBI-funded resource designed to host and share data from major sleep cohort studies and clinical trials. All shared study data must be de-identified using the [HIPAA Safe Harbor method](#) and must adhere to the data sharing language stated in the participant informed consent. Records and files from participants who did not consent to data sharing must be redacted before submitting to the NSRR.

The NSRR creates a unique space to share and link covariate data, complex physiological data, and quantitative signal (e.g. EEG, ECG) processing results. The NSRR team will guide you through the process of preparing and uploading your datasets to the NSRR.

Uploading data to the NSRR satisfies requirements of the [NIH Data Sharing Policy](#). For future grants, please consider including [data sharing language](#) that mentions the NSRR.

What you will do:

- Compile documentation (e.g. manuals, questionnaires) about your data
- Prepare final datasets with data dictionaries and descriptions
- Remove all identifiers from dataset and raw data files
- Upload files to NSRR through Secure File Transfer Protocol (SFTP)

What we will do:

- Assist you during each step of the submission process
- Review uploaded data to ensure all identifiers have been removed
- Establish an institutional data use agreement (if needed)
- Ensure that only the users you want to access your data receive access
- Create a repository for your dataset to organize documentation and data files

Assessing Impact

- **User Base**

- Register/Access data

- **Products**

- Use/publish data
- Contribute data
- Discoveries/new tools
- Support new grants
- Training

- **Engagement**

- Interactive user community- collaboration, blogs, etc

Assessing Impact: Access Data

- **6,041 registered users**
 - **1793 approved DUAs**
- **Over 13 million files** downloaded, over **321 TB** of data
 - **2 TB** data per week
- **Ease of access**
 - Time interval from access to approval
 - User-friendly on-line DUA

Assessing Impact: Use Data/Publish Results

- Publications
 - Epidemiological associations
 - Discovery/replication
 - New signals/Associations
 - Machine learning
 - Algorithm development/validation
- Tracking difficult
 - DUA: Cite grant / resource
 - **NEED: Datasets as “citable” object**
 - **Track “Impact Factor” of resource**

Assessing Impact: Grants

- Training grants (NIH, AHA, AASM), R21s, RO1s

Assessing Impact: Training

- Multiple levels
 - High school– post graduate
- For example,
 - > 100 Georgia Tech students: capstone project
 - OSHU Data Wrangling courses/workbooks
 - Basis for Harvard ML course
 - Resource for a biostatistics book/course

Assessing Impact: Contribute Data

- **New contributors**
 - Individuals
 - New cohorts: ~15 new cohorts identified
 - NIH (NIMH; E.S.P)
- Incentives for data sharing
- Reducing “friction”
 - Regulatory
 - Data structure/documentation

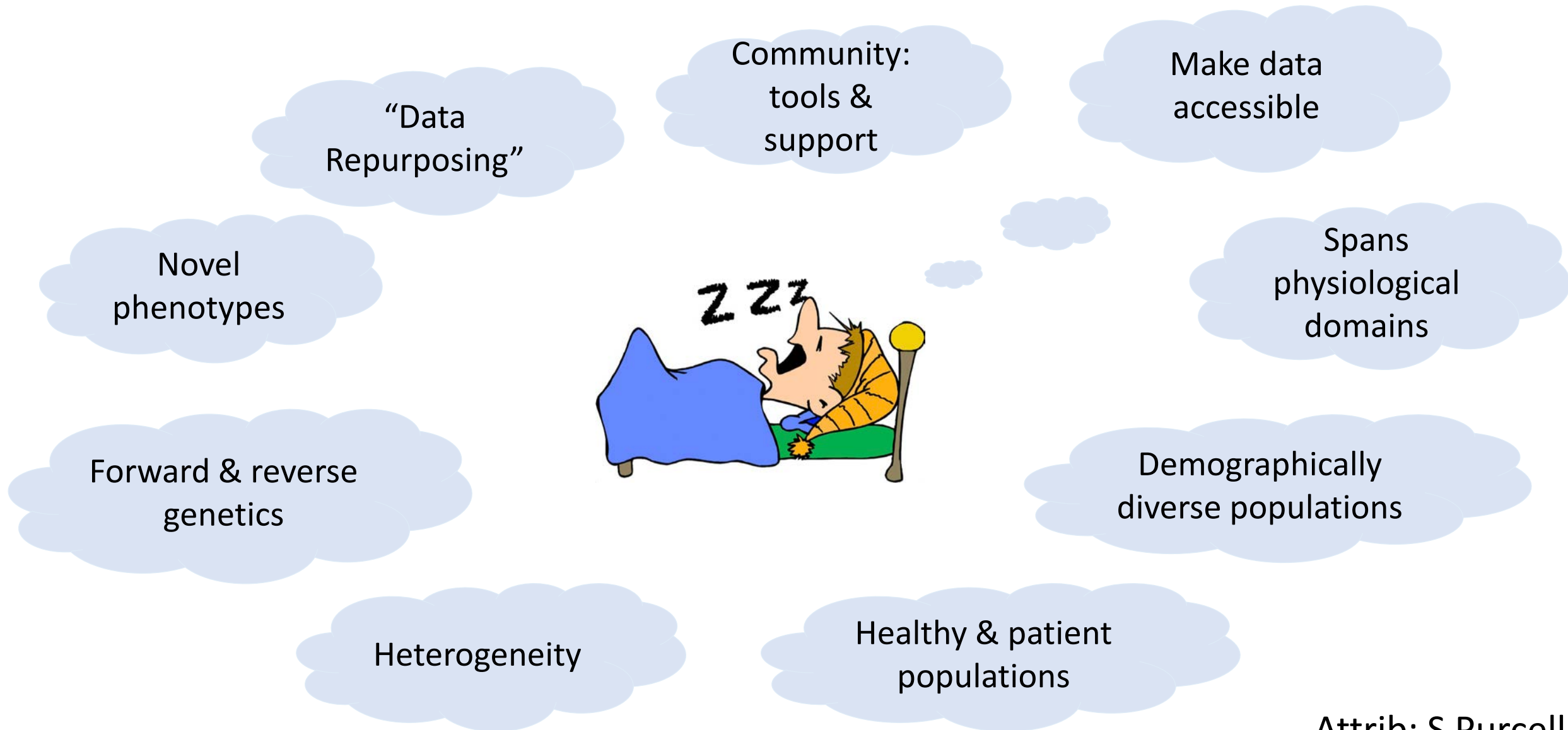
Assessing Impact: Contribute CDEs

- > 5,000 variables mapped to standards
 - ICSD-3, NIH CDE
- >4000 variables mapped to provenance data
 - Bioportal CMS (wiki)

Summary: Challenges/Needs

- Systematize citation process/Orchid registrations
 - Data resource impact factor?
- Link NIH funded grants for secondary data to sources?
- Trainee impact
 - Inventories of courses/books/trainee grants
- Data and tool contributions
 - Publish/highlight attributions

“Dreams of the NSRR”



Attrib: S Purcell

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